



UIP NEWSLETTER

"BEST WISHES FOR A PLEASANT AND PRODUCTIVE 2024" !

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Dear **member Societies, Colleagues and all public interested in vein-lymphatic topics**, on behalf of the International Union of Phlebology (UIP) I would like to take the chance of the last days of the year **to sum up the achievements** of our global organization since I started my mandate last September, while introducing the **next year main actions**. Most importantly, we hope this will be also the chance to collect **YOUR vision, needs and eventual criticism**, as along as moral and productive, for helping all of us advancing at best for the best vein-lymphatic patient-care.

Last but not least, I'd like to personally thank **all the Executive Committee** members who have demonstrated real dedication and top skills in their volunteer work for the benefit of our worldwide community. In the same line, my special gratitude goes to our **Executive Director**, David Connor, not only a fine PhD, but also an exquisite collaborator always at disposal for maximizing UIP performance. With him, a mention goes also to **all the involved administrative staff** and to **all the ones who took part in the UIP activities**.

Looking forward for a pleasant and productive 2024 engaging all the 81 Scientific Societies from all the continents and all the ones who will like to join, I remain at your full disposal

Sergio Giancesini
UIP 2023-2027 president
president@uipmail.org
gnssrg@unife.it ; t. 00393498012304



SEPTEMBER-DECEMBER 2023 UIP ACTIONS

Since the last General Council meeting of September 2023, the following main actions have been taken.

UIP CONTRACTS REVISION

All UIP contracts with different services providers have been reviewed with the aim of optimizing their performance and cost-effectiveness, in protection of UIP members interests.

UIP MONTH 24 project development

Creation of a fixed video-call appointment open to all member Societies, but also to all the vein-lymphatic community and the population with the aim of opening the UIP doors to whoever is willing to deliver comments, needs, moral and productive criticism on how to advance at best in vein-lymphatic advocacy and patient-care.



UIP 4 pillars

Creation of the basis to produce 4 scientific documents of appropriateness in superficial and deep venous management, conservative approaches and vascular malformation treatment.

UIP Working Groups

Creation of 4 Working Groups dedicated to **Academic & Institutions Reach-out, Multi-specialty interaction, Public Vein-lymphatic Awareness, Advocacy.**

UIP MOU

Memorandum Of Understanding documents have been prepared to establish permanent synergy among UIP and other International Organization of potentially synergistic specialties.

SEPTEMBER-DECEMBER 2023 UIP ACTIONS

UIP Brand Positioning & Naming

The International Union of Phlebology was founded on March 24, 1959 by the 4 Societies of Phlebology of Benelux, France, Germany and Italy. Sixty-five years ago, being “International” was quite a unique and outstanding achievement for Scientific Societies dedicated to vein-care. In the modern globalized world, after more than 6 decades, the “international” branding is not able to immediately communicate the “WORLD”wide nature of an Organization counting today 81 Scientific Societies from all continents. The Executive committee majority proposes to enhance the UIP naming by adding a “W” to the acronym (WUIP) in order to indicate the World Union of International Phlebo-lymphology. A detailed rebranding project presentation will be submitted in the next few months”.

Science & Education

The Scientific and Educational Committees have been formed and new interesting projects are going to be submitted soon to the Executive Committee for final approval.



Congress Committee

In the next few weeks the Committee will submit the new features for the UIP World Congresses to the Executive Committee for its final approval. Top Scientific and Educational quality, together with inclusiveness will represent the pillars of this new proposal.

UIPro 2024 Wishing List

Rather than just stating “best wishes” to each other, UIP launched a webpage where everyone can upload their specific wishes for a pleasant and productive 2024. In this way, UIP hopes to provide an opportunity to all the vein-lymphatic community to express needs, comments and eventual even constructive criticism for the best phlebo-lymphology advancement. If you’d like to leave your wish, please visit <http://www.uip-phlebology.org/UIPro2024>

UIP 4 PILLARS

2023-2027 International Union of Phlebology (UIP) Four Pillars project sum-up



Sergio Giancesini, UIP 2023-2027 president

AIM: during the elections campaign, the UIP president committed to create four documents on phlebo-lymphology **appropriateness** on the topics of.

1. Diagnostics

(First Author (FA) Fedor Lurie)

2. Superficial Venous Disease Procedures

(FA Nuttawut Sermsathanasawadi)

3. Deep Venous management

(FA Mark Garcia)

4. Conservative vein-lymphatic management

(FA Sergio Giancesini)

Venous-lymphatic malformation topic has been already covered by an ongoing updated of a previous UIP consensus under the leadership of prof. BB Lee that will be submitted to the attention of the UIP Executive Committee (EC) for drafting, revision and approval.

DEVELOPMENT PLAN

UIP President, in conjunction with the Scientific Committee Chair, will supervise the project, guaranteeing:

1. **Top scientific level.**

2. **All EC members authorship inclusion**, in representation of the General Council who voted for them.

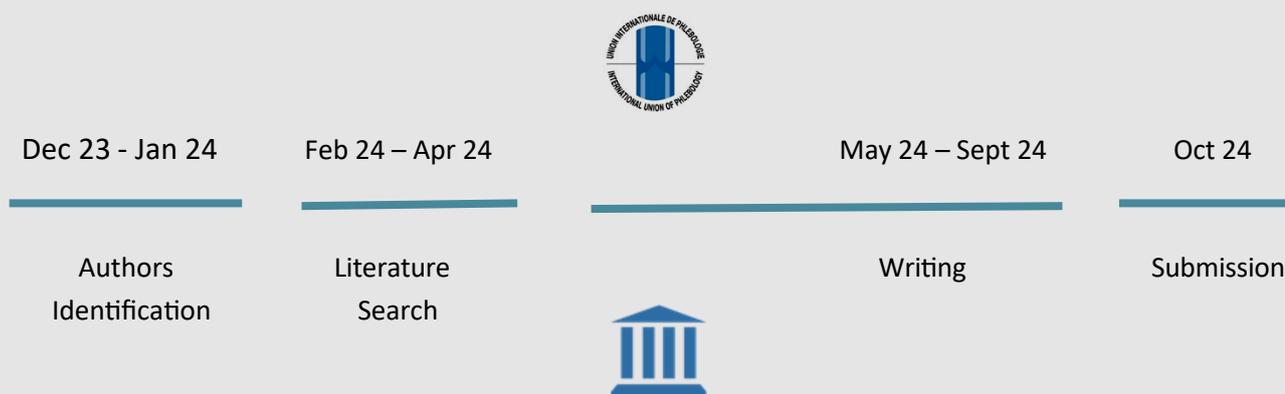
3. **Coordination** among the four different documents.

4. Geographical & Multi-specialty **representation.**



UIP 4 PILLARS

The 4 documents will follow the timeline reported herein:



Authors must be of undoubtful scientific value and they must have already published at least 5 scientific works on vein-lymphatic topics in journals with an IF > 1.5. A review group will be acknowledged in the publication and it will include all UIP Scientific Committee who took part in the work and one representative per UIP member society, in order to guarantee global representativeness. The first author of each document is selected by the UIP Executive Committee and she/he will be also in charge of proposing the co-author list to the same EC for approval.

October 30, 2023

Sergio Giancesini,
UIP 2023-2027 president

UIP WORKING GROUPS



2023-2027 WORKING GROUPS (WG) LIST

1. WG Name: **Academic Institutional WG (AI-WG)**

Mission:

- a) to increase University involvement, positioning UIP as reliable vein-lymphatic counterpart.
- b) to reach Institutions for phlebo-lymphology recognition.

Chair: Armando Mansilha.



2. WG Name: **Multi-Specialty WG (MS-WG)**

Mission:

- a) to stimulate interaction among different Specialties involved in vein-lymphatic topics.
- b) to develop MOU with different specialties organizations for UIP synergy.

Chair: Aleksandra Jaworucka- Kaczorowska.



3. WG Name: **Awareness & Reach-out-WG (AR-WG)**

Mission:

- a) to foster public awareness initiatives.
- b) to establish synergy with media channels to promote vein-lymphatic awareness.

Chair: Chantal Aguero.



4. WG Name: **Advocacy-WG (AD-WG)**

Mission:

- a) to advocate for healthcare and non-healthcare professionals
- b) to highlight certification and regulatory aspects for appropriate vein-lymphatic practice

Chair: Makoto Mo.

October 30, 2023



SPEAKER'S CORNER

Connecting the continent, Welcoming the World...while Engaging with all the UIP.

The UIP Engagement Working Group (EWG) was formed with the aim of opening the doors of the UIP to pro-active professionals, in representation of geographical (members from all continents) and gender equality. New generations collaborate with top experts in the EWG, so fostering vital synergy .

Currently the EWG is in its second term and it had its second in-person session during the UIP Miami World Congress. Every World congress hosts indeed a dedicated EWG session, where showcasing the accomplished missions, while interacting with the audience regarding the ongoing and potentially to be developed projects.

The opening of the session was led by the current President- of the UIP, prof. Sergio Ganesini and the Chair of the EWG Dr. Juan Chunga Prieto, who summed up vision and mission of the different projects, while stimulating the audience to get interactice with the UIP. Then, EWG members dove into the projects details, following a continental representation. Dr. Nathalia Cardoso, representative of Latin America presented the "UIPodcast" project, dedicated to digital interaction involving top experts . Dr. Jesús Arriaga, representative of North America, presented the "Questions and Answers with

patients" project, dedicated to stimulate patient awarenss. Dr. Nicholas Neaume, representative of Europe, presented the project "Raise your voice" to stimulate proactive attitude in the vein-lymphatic community and finally, but not for importance, the representative of Asia, Dr. Takahiro Imai, presented the project "A day in the life", in which Phlebology everyday practice is showcased to the audience, also to stimulate appropriate practice.

After the presentations, the public was eager to take part in both the EWG and the related projects. A major issue the audience raised is the language barrier: UIP took note and is already exploring AI systems to always facilitate communication. Colleagues from the United States suggested that UIP focuses on public vein awareness, with a special focus on what phlebology is. This is a topic already included in the ongoing discussion of an eventual more contemporary new UIP name, including not only the world "Phlebology" but also "VeIn", indeed with the aim of explaining the "Phlebology" world meaning. Last but not least, from Latin America, a target on Family Medicine was recommended.

It was a session full of camaraderie and motivation on the part of all participants.



UIP month 24



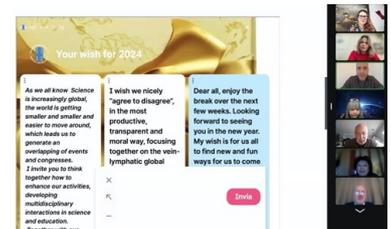
On behalf of all the International Union of Phlebology, I'd like to deeply thank all the ones who joined live or on demand last **December 24**, in the occasion of the **UIProject "Month 24"**. Every 24 of the month, in honor of March 24, 1959, date in which UIP was founded, UIP opens its doors by means of a dedicated zoom, at 10 am NYC (4 pm Rome, 10 pm Bnagkok). The initiative provides the opportunity to explore how the UIP can serve at best the real necessities of the Phlebo-Lymphology world: in fact, the video conference call is open to whoever would like to provide **her/his vision, needs, ideas**

and even **criticism**, as long as productive and expressed in an appropriate tone. During the December 24 call the following important topics were discussed: 1) under-served areas reach-out 2) thrombotic risk awareness in the lymphology community 3) vein awareness in young public as per the Global Thrombosis Forum initiative 4) UIP 2025 Buenos Aires World Congress update 5) UIP 2027 Tblisi World Congress update. We have been honored by the spontaneous attendance of prof. Caprini who needs no introduction as top world-renowned figure in the vascular community. We have all been inspired by his opening and closing remark and we would like to highlight the many educational tools available in his website (<https://capriniriskscore.org/tag/caprini-score/>). The initiative has also provided the chance to present the highlights of what UIP has done in the last month. Among many other actions, the creation of a webpage entitled **UIPro 2024** (<http://www.uip-phlebology.org/UIPro2024>) in which all the vein community can upload wishes for the 2024 (phlebo-lymphology world): rather than just "best wishes for 2024", UIP kindly asks the community to express **specific wishes suggesting how to improve the phlebo-lymphology world**. The call has been also the chance to deliver the best wishes from the UIP in a social way, by means of the **U...I..Play Music** project: vein experts from all around the world, recording together songs to be played live during the UIP events gala dinners. The initiative aims to foster teambuilding among international colleagues, therefore paving the way for synergy also in the educational and scientific field. You can find the first video at this link: https://fb.watch/pbB_19c6Vq/.

The on-demand of the zoom call is available in the dedicated webpage <https://www.uip-phlebology.org/uip-monthly>, including the zoom link for the upcoming December 24 gathering, where we hope you will like to demonstrate that indeed UIP starts with "U".

<https://us02web.zoom.us/j/88913605824?pwd=QklhcDVPd01nQ3YvbTk5WUJMMFNhQT09>

Meeting ID: 889 1360 5824 Passcode: 916415

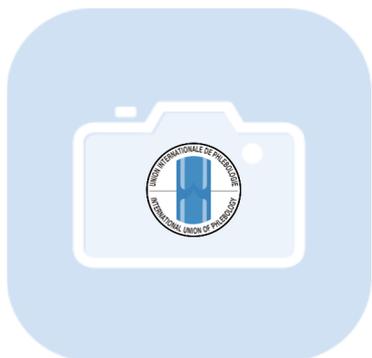



Sergio Giancesini, MD PhD FACS
UIP 2023-2027 president

UIP 2022-2025 Executive Committee



U.I.PICTURES



U-I-Pictures

Sergio Giancesini:

president-elect invitation to join the teamwork & submit

Dear all, the International Union of Phlebology (UIP) aims to bring together **healthcare** and **public** from all around the world for **proper global vein-lymphatic awareness** improvement.

Every day is a good day to promote the importance of Phlebo-Lymphology, even by taking a simple **picture mimicking the UIP acronym**, as per the attached images. The pictures you'll eventually like to submit will be showcased both in the **UIP newsletter** and **social networks**, together with an **educational public vein-lymphatic awareness message** from you to the healthcare and nonhealthcare representatives.

Special recognition will be given to the pictures including also a **public/patient representative**. In order to submit your picture please feel free to click below.

Looking forward for creating together a **UIPictures**-album of both great memories and vein health promotion, I remain at your full disposal together with all the Executive Committee.

Click here to submit your U.I.Pictures:
photos@uipmail.org



Denis Borsuk (RUSSIA), Takahiro Imai (JAPAN),
Carlos Simkin (ARGENTINA)



Sergio Giancesini (ITALY), Luis Arias Villaroel (BOLIVIA),
Evgeny Shaydakov (RUSSIA)



Message for healthcare professionals: «let's not forget chronic venous disease is associated with an increased thrombotic and also peripheral arterial disease risk» (Chang SL, et al. Association of Varicose Veins With Incident Venous Thromboembolism and Peripheral Artery Disease. JAMA. 2018 Feb 27;319(8):807-817)

Message for non-healthcare professionals: «veins & lymphatics go together like the horse and carriage. Always ask for a complete vein AND lymphatic assessment to you Specialist»



UIP ANNOUNCEMENTS

COMMUNICATIONS OFFICER

We'd like to take this small box to express our big gratitude toward the hard and good work Melisa Lopez has delivered for the UIP Communication office.

Melisa is **NAATI Certified English to Spanish and Spanish to English translator** specializing in marketing, education, legal and medical translations. Her skills have been instrumental in improving the UIP newsletter and social media presence. Such skills led her to move forward in her career, also as Spanish-English specialized translator, to a point for which she can no longer dedicate further time to the UIP. She remains at disposal in case you/your organization might need specialized translation services. (www.melisalopeztranslations.com).

We have no doubts whoever will work with Melisa will enjoy and treasure it significantly.

We'd also like to take this chance to deeply thank Gabriela Sfarich who will replace Melisa. Gabriela is also a Spanish & English speaker, with a vast experience in the events management and with the most welcoming attitude you can find in a person. We have no doubts she will become soon a reference point for all our community.

UIP Communications Team



Melisa Lopez



Gabriela Sfarich

ABOUT US

The UIP Newsletter has been produced and distributed from Sydney, Australia, with the contribution of the members of the UIP.

All types of contributions and enquiries are always welcome.

Advertising opportunities are available!

Communicate with us at communications@uipmail.org.



Keep in touch!

Follow our social media accounts and make sure you will be notified of updates, deadlines and important news!



UIP 2025: BUENOS AIRES, ARGENTINA



International Union
of Phlebology



**LATAM INVITES
YOU TO THE UIP
CONGRESS
*BUENOS AIRES 2025***

**OCTOBER
8TH TO 11TH**



UIP 2025: BUENOS AIRES, ARGENTINA



During the UIP 2022 XIXth World Congress, on September 15, 2022, the International Union of Phlebology General Council voted the new venue for the UIP World Congress 2025.

The venue elected was **Buenos Aires, Argentina.**

YOUR WISHES FOR UIP 2025



Planning has begun for the UIP World Congress in Buenos Aires in 2025.

Start thinking now about what YOU would like to see at the Congress, as we will be releasing our **"Wishing Box"** for your suggestions.



UIP EDUCATION MODULES

The UIP is proud and excited to introduce online phlebology educational modules to improve and standardise education and training in phlebology across the globe. The education modules are designed to provide a basic and standardised understanding of various aspects of phlebology.

The online module system was developed as part of the Australasian College of Phlebology (ACP) training program under the auspices of the UIP. Each module covers a topic that is managed by an instructor who is an expert in the field.

Education Modules



Basic: Year 1

- ✓ Basic Sciences 1
- ✓ Clinical Sciences
- ✓ Venous Interventions 1
- ✓ Patient Management



Advanced—Year 2

- ✓ Basic Sciences 2
- ✓ Venous Interventions 2
- ✓ Venous Thromboembolism
- ✓ Conservative Management

Advanced—Year 3

- ✓ Pelvic Venous Insufficiency
- ✓ Venous Interventions 3
- ✓ Vascular Dermatology and Vascular Anomalies 1
- ✓ Lymphoedema and Lipoedema

Fellowship—Year 4

- ✓ Venous Obstruction
- ✓ Venous Interventions 4
- ✓ Vascular Dermatology and Vascular Anomalies 2

Important Information

- ✓ *Subscription to the modules is for one-year access to all modules within the system.*
- ✓ *UIP registrants can determine at which pace they would like to continue through the program.*
- ✓ *Your one-year subscription will also provide you with access to the Royal Society of Medicine (RSM) online library which will assist you in completing your online modules.*
- ✓ *The fee for the subscription varies depending on what program you choose and your country.*



PHLEBOLOGY ABTRACTS

New publications in Phlebology

OnlineFirst Articles

www.journals.sagepub.com



Click on the name to
access the article!

Microsclerotherapy

Authors: Matthew Tan, Evgeny Shaydakov, Kurosh Parsi, Alun H Davies



VenaBlock® and VenaSeal® class III cyanoacrylate products are effective and safe in varicose vein treatment

Author: Rasit Dinc



Compression therapy in the management of varicose veins

Authors: Matthew Tan, Tomasz Urbanek, Eberhard Rabe, Sergio Giancesini, Kurosh Parsi, Alun H Davies



Management of bleeding varicose veins

Authors: Matthew Tan, Bruce Campbell, Kurosh Parsi, Alun H Davies



Assessment of lower extremity venous insufficiency and lipedema and their association with knee symptoms, functions, and quality of life in patients with knee osteoarthritis

Authors: Hilmi Ekti, Hasan Toktas, Hilal Yesil, Furkan Kaya



Management of the patient with the swollen lower limb

Authors: Matthew Tan, Marc Vuylsteke, John Blebea, Kurosh Parsi, Alun H Davies



Current practice of cyanoacrylate endovenous ablation: American vein and lymphatic society position statement

Authors: Michael A Vasquez, Michael Di Iorio, Robert L Worthington-Kirsch, Elias Fakhoury, John Blebea



Improvement in chronic pelvic pain, orthostatic intolerance and interstitial cystitis symptoms after treatment of pelvic vein insufficiency

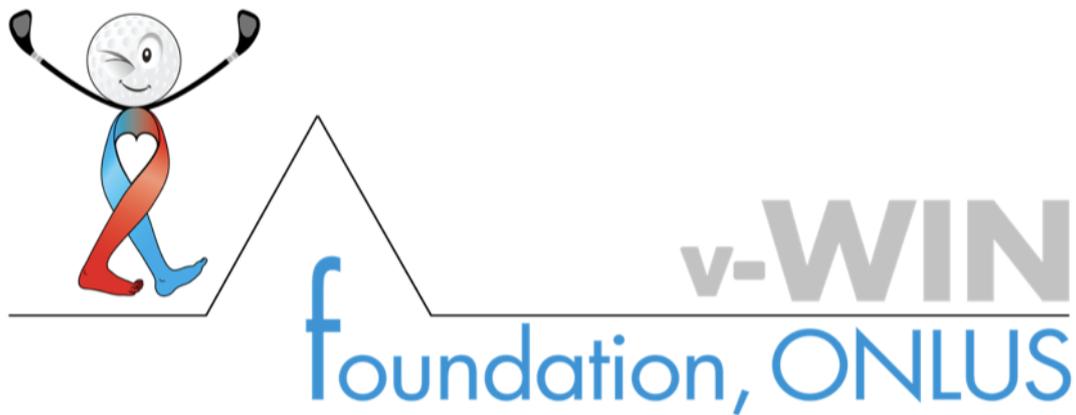
Authors: Steven J Smith, Michael J Sichlau, B Holly Smith, Dacre RT Knight, Brenda Chen, Peter C Rowe



WELCOME TO THE NEW SOCIETIES!

venous-lymphatic World International Network (v-WIN)

ALL DIVERSITIES for ONE GOOD VISION
ONE GOOD VISION for **ALL DIVERSITIES**



<https://vwinfoundation.com/>

EAVLA—Egyptian African Venous & Lymphatic Association

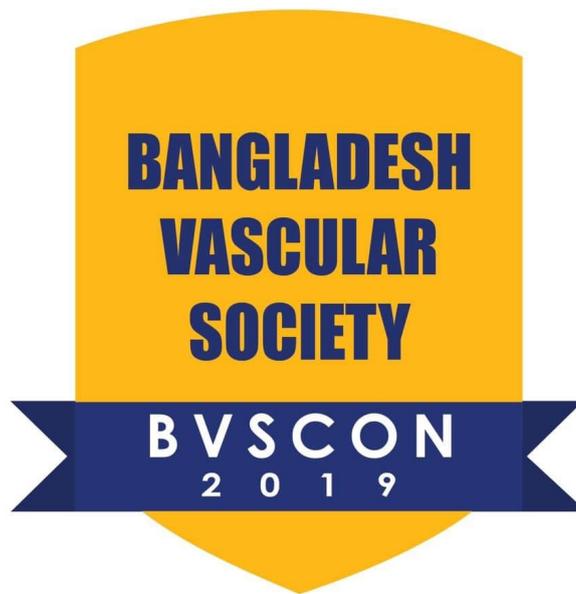


<https://eavla.org/>



WELCOME TO THE NEW SOCIETIES!

Bangladesh Vascular Society



Association of Phlebologists of Uzbekistan



OTHER UPCOMING EVENTS

One of the main UIP visions is to **promote productive relationships among societies**. With this vision, we report both **events with UIP auspices and events without**, so to inform everyone about possible educational activities. The hope is also to offer a tool useful for the colleagues organizing future meetings, so to avoid overlapping among events. For more information about events visit:

<http://www.uip-phlebology.org/events>

If you would like your event to appear in the UIP Newsletter, contact us at communications@uipmail.org

EVENTS CALENDAR

MAY 2024

18th Romanian Congress of Phlebology

9-11 MAY 2024

TIMISOARA, ROMANIA

SEPTEMBER 2024

World of Phlebology in Prague

18-21 SEPTEMBER 2024

PRAGUE, CZECH REPUBLIC



UIP

INTERNATIONAL
UNION OF
PHLEBOLOGY

www.uip-phlebology.org



UIP SOCIETY MEMBERSHIP: *Benefits*

Did you know that as a member of UIP Society you can have access to different benefits?

- ✓ Access to **Phlebology, The Journal of venous disease** (Free access for Tier 2 and 3)*
- ✓ Access to **UIP Education Modules** (Free access for Tier 2 and 3)*
- ✓ Access to **latest news, UIP Newsletter**
- ✓ Access to **UIP Discussion Forums**

More features coming soon!



**Tier: refers to the category of membership. If unsure about the classification of your country, please check on our website.*

Accessing the Member Portal

1. Contact your society and ask them to add your name to the members of the UIP website.
2. The society uploads a membership list through their society page (Instructional Videos available online).
3. You will receive an email confirming your username and password.

Phlebology

The Journal of venous disease
Accessing *Phlebology* journal



Let your society know if you require Phlebology access*.

**fees apply for Tier 1 countries*

UIP Education Modules

Accessing the UIP Education Modules



1. Go to the **Online Education page**.
2. Click "**Enrol Now**".
3. Complete the forms with the information requested.

UIP Discussion Forums

Accessing the UIP Discussion Forums



1. Log in the UIP website with your username and password.
2. Access the Discussion Forum through the member portal.



U...I..Play Music Best Wishes



One of the main constitutional aims of the UIP is to stimulate international synergy for educational and scientific activities in the venous and lymphatic field.

Social moments can be of great help in fostering teambuilding among colleagues from all around the world, stimulating new contacts that can be then transformed also in joint educational and scientific teamwork. **U...I..Play Music** is an initiative bringing together vein-lymphatic experts from all around the world, with the scope of recording amateur music to be played then live during UIP events social moments. By means of its first recorded song (https://fb.watch/pbB_19c6Vq/), **U...I..Play Music** band also take the chance to wish all the vein-lymphatic community a happy end of the year and a pleasant and productive 2024.

In case you are interested in joining the **U...I..Play Music** band, just write to president@uipmail.org

UIPRO 2024

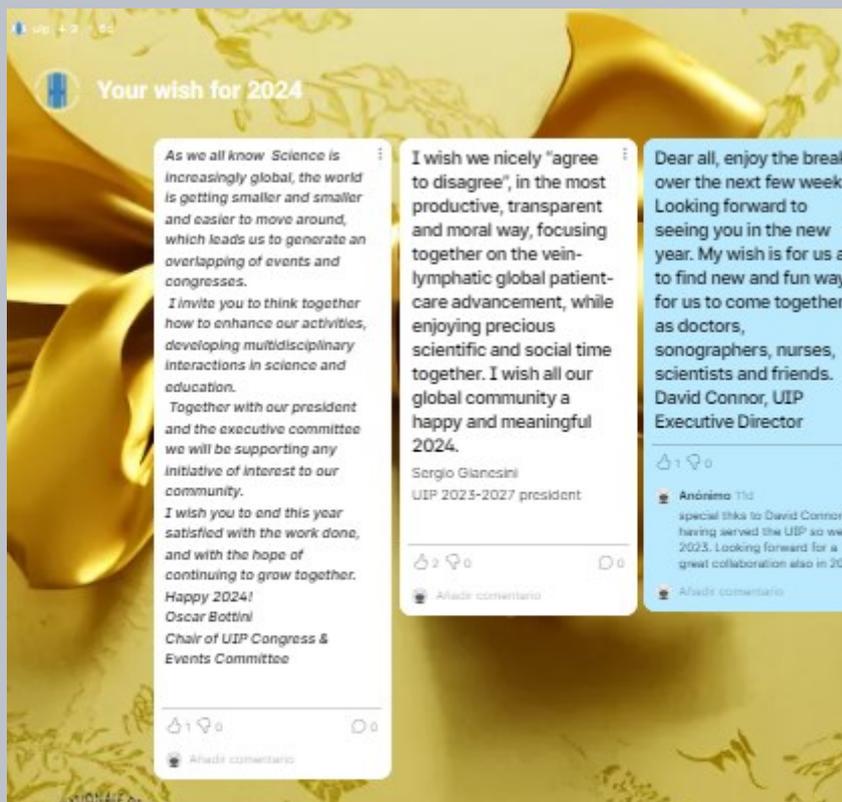
The end of the year is a time of spontaneous inner sum-up of what we have been living in the past 12 months and of what we wish to enjoy in the following year.

U.I.Pro 2024 is a simple but meaningful initiative collecting what YOU wish from the same **UIP for (PRO) a PROductive 2024.**

It's the UIP mission to be at the phlebo-lymphology community best service, while wishing all the related vein-lymphatic patients and population a happy and meaningful 2024.

Feel free then to include a brief written personal wish and/or video message by clicking on the "+" icon below, reporting how the UIP can support you at best in the upcoming year, remembering to indicating your **name, surname, nation and scientific society.**

Looking forward for a 2024 that starts with YOU as the UIP starts indeed with "U", best wishes from all the Executive Committee and Director"



Write YOUR 2024 wishes

