



UIP NEWSLETTER

FEBRUARY, 2024



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The International Union of Phlebology will turn 65 years old this March.

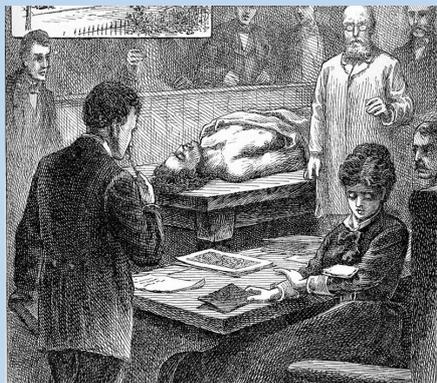
It was founded on March 24, 1959, constantly growing from the initial 4 to the current 81 scientific societies from all around the world.

All the vein & lymphatic community is invited to join the celebration by honoring the past, while enjoying the pro-active present and suggesting the best possible future of such prestigious worldwide organization.

To do so, everyone is invited to visit UIP Pro 24 page <https://www.uip-phlebology.org/UIPro2024> and report wishes and suggestions for the current UIP year and the many others to come.

UIP EDITORIAL: FEBRUARY 11th.

INTERNATIONAL WOMEN IN MEDICINE & SCIENCE DAY



Elizabeth Blackwell is usually followed by the phrase "first female physician". Born in Bristol, England, in the early 19th century, she went down in history as the first woman to receive a medical degree in the United States.

Illustration from 1847 showing Blackwell at Geneva Medical College reading a "most impertinent" note dropped on her arm by a student, during a lecture in the operating room.

On this **International Women in Medicine and Science Day**, let us illuminate the extraordinary achievements of women in Phlebology, casting a spotlight on their resilience, innovation, and transformative contributions to vascular health. In the tapestry of science and medicine, women have woven threads of brilliance, shaping the future of our field.

It is a celebration not only of the accomplishments of women but a call to recognize the indispensable role that men play in fostering equality. In embracing the spirit of inclusivity, we emphasize the power of collaboration, where both genders contribute their unique perspectives and talents to advance science and medicine.

As we honor the women who have shattered barriers in Phlebology, let us also acknowledge the vital support that men provide. Creating spaces where women thrive requires the active involvement of men as allies, advocates, and partners. Together, we build a foundation where talent knows no gender, and the possibilities for groundbreaking advancements are limitless.

The **International Union of Phlebology** is dedicated to championing not only the achievements of women but also the collaborative efforts that drive progress. By nurturing an environment that values and leverages the strengths of both sexes, we pave the way for a future where every individual, regardless of gender, can contribute to the advancement of science and the well-being of our global community.

Let us take this moment to reflect on the significance of women's roles in science and medicine, recognizing the challenges they have overcome and the strides they continue to make. By supporting and amplifying the voices of women in Phlebology, we contribute to a more equitable and thriving healthcare community.

Lorena Grillo, MD

Vicepresident UIP



HONOUR BOX

Prof. ALEJANDRO LATORRE PARRA

Professor **ALEJANDRO LATORRE PARRA** graduated as a **Medical Doctor** from the Faculty of Medicine of the Pontificia Universidad Javeriana in Bogota, **Colombia** in 1977.

He was a Surgeon, Specialist in **General Surgery, Peripheral Vascular Surgery, Angiology** and **Vascular Surgery**.

His extensive international teaching career includes his appointments as **Foreign Professor** in numerous Latin American countries where he has sown his teachings and reaped the admiration of his countless disciples.

He served as **President** of the **Santandereana Association of Vascular Surgery** in 4 different biannual periods and has obtained throughout his professional career the most important international awards and recognitions, the most recent his appointment as **MASTER of LYMPHOLOGY** in the year 2023 in recognition of the work of a lifetime and **MASTER of VASCULAR SURGERY** in the year 2024, both distinctions awarded by the Colombian Association of Vascular Surgery and Angiology.

Member of 11 regional and **national Scientific Societies**, 15 **International Societies** and Honorary Member of 8 **International Societies**.

Professor Latorre has been Member of the **Editorial Board** of 2 National and 2 International Journals.

As for his presence and participation in **National and International Congresses**, Professor Latorre has been a Lecturer in **268** events, having attended **346**.

A true Latin American and global reference in Vascular Surgery, Angiology and Lymphology whose physical disappearance in **November 2023** has left a gap difficult to fill but that will always be remembered by those who have had the good fortune to share moments with him.



HONOUR BOX

Prof. ALEJANDRO LATORRE PARRA

Tribute to the Master of Latin American and Global Lymphology by Lorena Grillo

We want to honor the memory and career of a great human being, Dr. Alejandro Latorre Parra.

Today we want to remember and honor a true legend in the field of phlebology and lymphology. Dr. Latorre, has left a profound mark on our lives, our profession, and the countless patients whose lives were touched by his pioneering work.

He was not just a physician; he was a mentor, a visionary, and a relentless advocate for improving the quality of life for our patients. His unwavering dedication to advances in this the field was nothing short of inspirational. Through his decades of tireless work, he transformed and shed the light of his knowledge in lymphology from obscure corners of medicine into vibrant and essential components of healthcare.

As a mentor, he had a unique gift. He possessed the rare ability to deliver his teachings with great passion to all who had the privilege of learning from him. His commitment to education was unmatched, and students and colleagues have benefited from his wisdom and guidance. He not only taught us the intricacies of the lymphatic pathology and management but also instilled in us the importance of empathy, compassion, and the belief that each patient deserved not just treatment but also a better quality of life.

He embraced the duty of having countless students and guided our hands to provide the appropriate treatment to lymphedema patients among many others, helping to improve the lives of thousands of individuals, and his legacy will continue to do so for generations to come.

Today, as we say farewell to our beloved professor, we also celebrate his life and the profound impact he had on all of us. Dr. Alejandro Latorre leaves behind an enduring legacy of knowledge, innovation, perseverance and a relentless pursuit of excellence. His memory

will forever inspire us to continue the work he started and promoted for so many years.

Rest in peace Maestro and thank you for your invaluable contributions in the field and the countless lives you touched. Your legacy will forever be a beacon of inspiration, guiding us as we carry on the work you so passionately pursued.



Thank you to Drs Luis Rodriguez and Lorena Grillo



HISTORY

THE HISTORY OF THE INTERNATIONAL UNION OF PHLEBOLOGY



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HISTORY



THE HISTORY OF THE INTERNATIONAL UNION OF PHLEBOLOGY /
L'UNION INTERNATIONALE DE PHLÉBOLOGIE



LEARN ABOUT THE UIP HISTORY BY VISITING

<https://www.uip-phlebology.org/history>



This portrait of the UIP Presidents was commissioned and unveiled during the Inaugural Award Ceremony of the UIP in Melbourne, Australia in February, 2018. It now resides in the UIP office.

UIP MONTH 24

in honor of March
every



1959
of the month

an **OPEN TO EVERYONE** zoom @
10 am NYC time - **4 pm** Rome time – **10 pm** Bangkok time
to hear **YOUR vision, YOUR ideas, YOUR needs**
and to remember that

UIP starts with «U»



for YOUR topic reservation please write to president@uipmail.org

<https://us02web.zoom.us/j/88913605824?pwd=QklhcDVPd01nQ3YvbTk5WUIMMFNaQT09>

Meeting ID: 889 1360 5824

Passcode: 916415

YOU



YOU

On behalf of all the **International Union of Phlebology**, we'd like to deeply thank the colleagues from all around the world who joined us for the monthly UIP open zoom call, to report eventual visions, needs and also criticism as long as productive and moral.

This month we had the chance of hearing about the extreme need of discriminating between whatever type of certificate and proper training and recognition in phlebology and lymphology.

In this sense the UIP is already lining up with universities entities from all continents to make sure colleagues and patients are not exposed to the risk of the inappropriate business linked to courses providing certificates claiming what they are not for real.

The zoom call has been also a chance to provide an update on the perfectly ongoing organization of the upcoming World Congress 2025 in Buenos Aires and 2027 in Tblisi.

Last but not least, during the same call, an overview of the last month UIP activities was provided, including the activation of the 4 working groups on academic relationships, on multi-specialty interaction, on awareness and on advocacy. A major step forward of this month has also been the lining up for the beginning of the writing of the 4 appropriateness scientific documents on diagnostics, superficial, deep and conservative management topics.

Next month call will be a very special one as it will be on the same UIP birthday: March 24!

Everybody is invited to join at 10 am NYC – 4 pm Rome – 10 pm Bangkok time,

The zoom link is:

<https://us02web.zoom.us/j/88913605824?pwd=QklhcDVPd01nQ3YvbTk5WUIMMFNaQT09>

Meeting ID: 889 1360 5824

Passcode: 916415



Standardization of Phlebology in Quebec, Canada: Mandatory Training

By Jacobo Jaramillo, MD

Phlebology, a specialized medical field dealing with the diagnosis and treatment of disorders related to veins and lymphatic system, plays a crucial role in preserving the overall health and well-being of patients. Ensuring standardization within this field is essential to provide quality care and maintain consistency in practice.

In Quebec, Canada, the standardization of phlebology is predominantly achieved through the mandatory training required by the College of physicians and surgeons for any medical professional regardless of their specialty and background.

This was made possible in 2021 after a consortium of experts in phlebology was formed and established the minimal requirements needed by new practitioners in order to include phlebology into their scope of practice.

Further bolstering standardization efforts is the emphasis on training which promotes effective communication and collaboration within the profession.

Overview of the mandatory training requirements for phlebologists in Quebec ensuring consistency in the curriculum and training methodologies comprises of:

- *Demonstrate* knowledge of anatomy of the venous and lymphatic system as well as knowledge of basic phlebology sciences (histology, histopathology, physiology, coagulation process and cutaneous pathologies related to vascular conditions).
- *Demonstrate* knowledge in handling ultrasound
- *Demonstrate* knowledge and skills to use adequately, diagnostic tools for phlebology, in order to establish a differential diagnosis
- *Demonstrate* sufficient knowledge of pharmacology, including indications, contraindications, side effects and complications of commonly used medications or relevant medications for phlebology.

SPEAKER'S CORNER

Standardization of Phlebology in Quebec, Canada: Mandatory Training

- *Discuss* common lymphatic problems and common pediatric vascular conditions that could be persistent into adulthood
- *Discuss* indications, contraindications, side effects and treatment complications
- *Demonstrate* knowledge and skills to proceed to mechanical compressions, ultrasound guided injections, endovenous chemical ablations and/or endovascular techniques:
 - thermal (laser, radio frequency)
 - non-thermal (cyanoacrylate glue, pharmaco-mechanical treatment, conical obstructive device)
 - ambulatory phlebectomies
 - surgical techniques (phlebectomies and stripping)



Jacobo Jaramillo, MD
Family Medicine
Montreal, Quebec
Canada

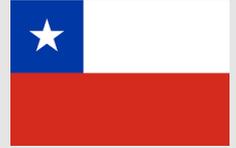
In conclusion, despite their prevalence, venous diseases often go undiagnosed and undertreated, leading to increased morbidity and decreased quality of life for patients.

Mandatory training addresses this issue by improving healthcare providers' ability to identify and manage venous disorders promptly. Well-trained healthcare providers have the knowledge and skills to provide comprehensive care for patients, resulting in improved outcomes, reduced complications, and increased patient satisfaction.

A standardized Phlebology program may propose a roadmap towards developing a university program that can contribute to the advancement of this crucial medical field. Hence, a globally recognized training path in phlebo-lymphology is more than needed, also considering the significant proliferation of not real certifications claimed by different organizations. In this sense, we look with great interest to the UIP project, networking academic institutions for proper educational opportunities validations.

UIP SOCIETIES: Past, Present & Future

CHILEAN SOCIETY OF PHLEBOLOGY & LYMPHOLOGY SOCHIFYL



The Chilean Society of Phlebology and Lymphology (SOCHIFYL) is a non-governmental organization founded on **March 13, 2003** in Santiago de Chile by 17 professionals, with the aim of promoting the study, knowledge and dissemination of venous and lymphatic diseases for the benefit of patients suffering from any of these pathologies.

To achieve this objective, it carries out permanently educational actions of scientific dissemination through the organization of congresses, conferences and other face-to-face or virtual means directed to clinical professionals, educators and researchers. Its first President and founding member was **Dr. Ismael Pizarro**, subsequently appointed as Emeritus Member of the Society in 2019.



*Prof. Ismael Pizarro
Emeritus president
SOCHIFYL*

The Chilean Society of Phlebology and Lymphology currently has more than 60 associated professionals, belongs to the International **Union of Phlebology (UIP)** since 2010 and maintains a rich program of activities each year, with the participation of many renowned Chilean speakers and other countries invited to their Congresses and Conferences, thus creating important ties of friendship and fraternity with fellow phlebologists from around the world. Through some of its members, it has actively collaborated in the creation of the **First Latin American Consensus on Superficial and Perforating Venous Mapping**.

Juan Bombin Franco, MD



*Prof. Juan Bombin Franco
Past President SOCHIFYL*

UIP@ Pan Arab Interventional Radiology Society



On **Feb 13, 2024**, a historic sharing happened between the **International Union of Phlebology (UIP)** and the **Pan Arab Interventional Radiology Society (PAIRS)**. Indeed, for the first time, these two large organizations got together to stimulate the best multi-specialty practice in the venous-lymphatic field. UIP representatives delivered appropriateness talks on major phlebo-lymphology areas, while interacting in the most pro-active way with top experts from the same Pan Arab Interventional Radiology Society.

The vivid discussion clearly demonstrated this is just a first step on a long road of educational synergy. This is in line with the ongoing UIP multi-specialty project reaching out to disciplines close to Phlebology, such as OBGyn, Orthopaedics, Nutrition, etc.

On behalf of all the UIP, we take this chance to thank once again the PAIRS organizers, congratulating them for the top quality congress they delivered and looking forward for receiving their colleagues in our upcoming events.

PHLEBOLOGY ABTRACTS

New publications in Phlebology

OnlineFirst Articles

www.journals.sagepub.com



Click on the name to
access the article!

Performance of an adjustable
compression wrap in occupational leg
swelling

Authors: Wassila Taha, Jean Patrick
Benigni, Jean François Uhl, Patrick H
Carpentier, Pascal Filori, Rashad Bishara



Mechanochemical ablation:
disappointing long-term anatomic
results and worsening symptoms

Authors: John Blebea



Indications, contraindications, side
effects, general assessment, and
outlook for the future: An International
Compression Club survey

Authors: Mosti Giovanni, Namislo
Angrit, Benigni Jean Patrick, Da Matta
Eduardo, Partsch Hugo, Schmitz
Martin, Abel Martin



Improvement in chronic pelvic pain,
orthostatic intolerance and interstitial
cystitis symptoms after treatment of
pelvic vein insufficiency

Authors: Steven J Smith, Michael J
Sichlau, B Holly Smith, Dacre RT
Knight, Brenda Chen, Peter C Rowe



Valitrack study: Objective evaluation of
medical compression wearing time and
patient activity with the Accutrack® by
Sigvaris Group sensor

Authors: Vincent Crébassa, Etienne M.
Grenier, Geraldine Mme Batot, Eve
Matieu-Dupas, Cyril M. Chaigneau



The trends in venous
thromboembolism occurrence and
prevention after minimally invasive
varicose vein surgery

Authors: Kirill Lobastov, Maria
Shaldina, Athena Matveeva, Anna
Kovalchuk, Denis Borsuk. Ilya
Schastlivtsev



The study on the relationship between
venous ulcer and ankle joint range of
motion using ultrasound

Authors: Jianyu Liao, Zhoupeng Wu



Effects of lower limb muscle
strengthening on interface pressure in
older adults undergoing inelastic
compression: Randomized controlled
clinical trial

Authors: Eduardo Simões Da Matta,
Giovanni Mosti, Vanessa da Silva
Corralo, Glauciano Policeno de Moura,
Luciano Branco de Quadros, Clodoaldo
Antônio De Sá





International Union
of Phlebology



LATAM INVITES YOU TO THE UIP CONGRESS *BUENOS AIRES 2025*

OCTOBER
8TH TO 11TH



UIP 2025: BUENOS AIRES, ARGENTINA



YOUR WISHES FOR UIP 2025



Planning has begun for the **UIP World Congress in Buenos Aires in 2025.**

Start thinking now about what YOU would like to see at the Congress, as we will be releasing our **"Wishing Box"** for your suggestions.

UPCOMING EVENTS

Events Under the Auspices of the UIP

48th. Montreal Annual Congress

The 48th Annual National Congress of the Canadian Society of Phlebology - Decoding Phlebology - will be held in Montreal, QC in Canada on the **3rd-4th of May 2024.**

The overall purpose of the congress is to provide a forum for individuals to come together, present their various views concerning their research on venous disease, and learn from each other. The ultimate aim of the congress is to support and foster advancements in management of venous disease.



INTERNATIONAL
GUEST
SPEAKERS

CANADIAN
GUEST
SPEAKERS



SOCIÉTÉ CANADIENNE DE PHLÉBOLOGIE
CANADIAN SOCIETY OF PHLEBOLOGY

48TH MONTREAL ANNUAL CONGRESS

MAY 3 & 4, 2024

phlebology-phlebologie@outlook.com
www.canadiansocietyofphlebology.org



OTHER UPCOMING EVENTS

One of the main UIP visions is to **promote productive relationships among societies**. With this vision, we report both **events with UIP auspices and events without**, so to inform everyone about possible educational activities. The hope is also to offer a tool useful for the colleagues organizing future meetings, so to avoid overlapping among events. For more information about events visit:

<http://www.uip-phlebology.org/events>

If you would like your event to appear in the UIP Newsletter, contact us at communications@uipmail.org

EVENTS CALENDAR

MAY 2024

18th Romanian Congress of Phlebology

9-11 MAY 2024

TIMISOARA, ROMANIA

SEPTEMBER 2024

World of Phlebology in Prague

18-21 SEPTEMBER 2024

PRAGUE, CZECH REPUBLIC

NOVEMBER 2024

AFLIPBA IV Provincial Conference

15-17 NOVEMBER 2024

CARILÓ, ARGENTINA



UIP

INTERNATIONAL UNION OF PHLEBOLOGY

www.uip-phlebology.org



UIP SOCIETY MEMBERSHIP: Benefits

Did you know that as a member of UIP Society you can have access to different benefits?

- ✓ Access to **Phlebology, The Journal of venous disease** (Free access for Tier 2 and 3)*
- ✓ Access to **UIP Education Modules** (Free access for Tier 2 and 3)*
- ✓ Access to **latest news, UIP Newsletter**
- ✓ Access to **UIP Discussion Forums**

More features coming soon!



**Tier: refers to the category of membership. If unsure about the classification of your country, please check on our website.*

Accessing the Member Portal

1. Contact your society and ask them to add your name to the members of the UIP website.
2. The society uploads a membership list through their society page (Instructional Videos available online).
3. You will receive an email confirming your username and password.

Phlebology

The Journal of venous disease
Accessing *Phlebology* journal



Let your society know if you require Phlebology access*.

**fees apply for Tier 1 countries*

UIP Education Modules

Accessing the UIP Education Modules



1. Go to the **Online Education page**.
2. Click "**Enrol Now**".
3. Complete the forms with the information requested.

UIP Discussion Forums

Accessing the UIP Discussion Forums



1. Log in the UIP website with your username and password.
2. Access the Discussion Forum through the member portal.



UIP ANNOUNCEMENT

INVITATION FOR NEWSLETTER CONTENT

UIP SPEAKER BOX

The UIP is delighted to offer all its members to report a comment in future editions of the UIP newsletter. Topics can be related to evidence based science, phlebology advancement, problem solving in clinical practice. If you are interested in submitting a comment, send a 300 word summary to:

communications@uipmail.org

SPONSORSHIP OPPORTUNITIES

The UIP welcomes sponsorship for its newsletter from Industry. If you are interested in placing and advertisement or sponsoring the UIP newsletter, please contact us at:

execdirector@uipmail.org

ABOUT US

The UIP Newsletter has been produced and distributed from Australia and Argentina, with the contribution of the members of the UIP.



The UIP Newsletter Editor is Gabriela Sfarich from Argentina.

Advertising opportunities are available, and contributions and enquiries are welcome!

SOCIA MEDIA



Keep in touch!

Follow our social media accounts and make sure you will be notified of updates, deadlines and important news!

